

Working Together Ludlow

To include people with learning difficulties and disabilities



Almost Weekly News No. 32 - 02/02/2021



BUSH TUCKER TRIAL

Staff Vaccinations



James, Jan and Nigel have been for their first dose of the Covid vaccination this week.

No side effects reported. Hopefully, this is another step towards being able to offer safe face-to-face sessions back at Rockspring soon.

Di, Helen, Jan and Sammy have appointments booked for their vaccinations too.

It's the legendary Working Together BUSH TUCKER TRIAL...

Youth Club and Diversity members joined together recently for a Zoom 'I'M A CELEBRITY Get Me Out of Here' evening.

Everyone had a great time. Jan said "Sammy and I had bugs to eat at the end, but the Zoom session ended just as we were going to eat them".

I'm not sure we believe them, as it sounds like a little bit of an excuse to us!



www.workingtogetherludlow.co.uk

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Writers' Club on Zoom - Report from Sarah...



What have you been up to?

All involved have been very pleased at how successful our Zoom Writers' Club sessions have proved to be.

Beginning with a little 'how are you?' catch-up, we turn our focus to the writing project in hand.

Our first piece of work, poetry writing, arose from the frequently posed question 'What have you been up to?'

Creating these poems, allowed us to think about how we might answer that question and focused us once more on the things we can do during a lockdown.

Beginning with a simple structure 'I am _ing', and a collection of useful action words, our writers were soon absorbed in their creations, working alongside one another virtually. We pause now and again to check that everyone is getting along happily and for the odd tricky spelling.

The session is rounded off by sharing work, answering any questions and summarising what we hope to have achieved by the following week.

Offline, the Writers continue independently to extend and refine their work, adding that special, imaginative flair, they all possess .

Next we tackle non-fiction writing but in the meantime, enjoy these extracts from our poems!

What Have You Been Doing?

I am singing in my bedroom

I am singing in the hallway

I am singing in the bathroom

I am singing in the shower

I am Zooming in my lounge

I am Zooming with my friends

I am Zooming, Zooming, Zooming

I am Zooming everywhere

I am flying like a butterfly

I am flying on the breeze

I am flying from flower to flower

I am flying in the air

A poem by Steph



Things to Do in Lockdown

The things I do are hoovering
the room

And also dance, dance, dance
all day

I am just making my scrapbook

I was walking in my forest or
wood in the snow

I miss a hug, hug, hug from you

Cold red, cold red

I had a good sleep in my bed

A poem by Chloe

What Have You Been Doing?

I am singing and impersonating and doing Yogi Bear and Boo-Boo

I am keeping the faith for Paul O'Grady

I am cutting up Christmas magazines with the greatest of pleasure

I am emptying the washing machine and all my thoughts whirring
about

I am word searching with my cup of tea

And now I am ending this poem with a Zoom meeting

A poem by Rachael

Whatever the weather...

Thank you to everyone who has sent us in weather pictures - they are great. It really has been a mixed month in January - with snow and rain and just an occasional bit of sunshine too!



Please keep sending us your pictures as we love to see them :-)

Email them to: manager@workingtogetherludlow.co.uk

Congratulations...



A BIG congratulations to James Copper from the Furniture Scheme and his wife Keris on the recent birth of their son Felix.

As well as our landlord, James is a great supporter of WT. We wish them all well for the future.

Youth Club moves!



We spent a wonderful evening at floor level - stretching out and being as tall as we can be.

Thanks to Nicola B for leading our session - we loved it! **Namaste**

News from Shropshire Council...

Vaccination Transport

Shropshire residents who are without transport are now able to get help to get to their Covid vaccination appointments.

You must have a letter inviting you for your vaccination in Shropshire and be unable to get there any other way. The Council will be able to provide travel there and back. All vehicles will be Covid secure to keep you safe.

Transport can be booked by calling the Covid Helpline on **0345 678 9028** or via your GP practice.

And please keep sending in your stories...