

Working Together Ludlow

To include people with learning difficulties and disabilities



Almost Weekly News No. 31 - 18/01/2021

Face-to-Face Services

Last week, Shropshire Council announced that they would not be delivering building based day centre provision for at least the next 14 days.

Their reasoning behind this is the result of: *"the infection rates in our communities now presents a greater risk to the people we support, their families and our staff."*

Based this decision and our own concerns about the increasing infection rate we have also suspended our face to face services.

We will of course continue and extend our online outreach and telephone support and keep the situation under regular review.

Zooming in for online yoga sessions



One of the big successes of our new Covid Safe activity programme has been our mindfulness and yoga sessions at Rockspring.....

Lots of people have been joining in with the sessions including our members, volunteers and staff. Our wellbeing is a really important part of looking after ourselves in these challenging times.

As we're not able to run these sessions at Rockspring at the moment, Nicola has set up a regular Zoom timetable and any Members and their families who would like to join in are welcome.

If you're not already on the list please get in touch and we will send you an invite: manager@workingtogetherludlow.co.uk



STAY HOME ▶ PROTECT THE NHS ▶ SAVE LIVES

www.workingtogetherludlow.co.uk

Rockspring Community Centre, Sandford Road, Ludlow SY8 1SX | Charity No: 1147358

www.workingtogetherludlow.co.uk | manager@workingtogetherludlow.co.uk

Thank you to Clew St Margaret WI and to the family of Mr Ken Smith for their recent donation.

Ken's wife attends Clew St Margaret WI and he sadly passed away a few weeks before Christmas.

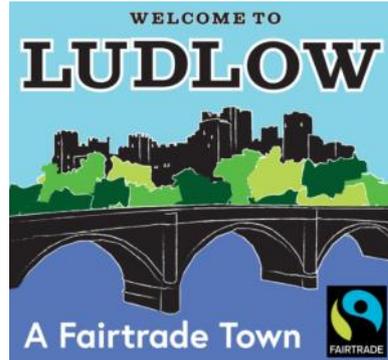
As members of the WI weren't able to go for their usual Christmas meal they decided instead to each make a donation to a charity in memory of Ken and Working Together was chosen.

Thank you, it is very much appreciated

New Fairtrade Website...

Working Together is featured on the new Ludlow Food Network page of the new website: <https://ludlowfairtrade.com/>

One of our New Year resolutions is to shop local and buy Fairtrade whenever we can to support local businesses.



Get well soon Daniel

We're sending Daniel lots of love and get well soon wishes from everyone at Working Together.

Tim's Trains...



Lots of us have been thinking about different ways to keep ourselves occupied during Covid-19 and lockdown.

Tim has spent some of his time on developing his model railway - which looks incredible!

We're looking forward to the time when we can safely go and visit to have a look at all the amazing work Tim's been doing.

The Wrekin Housing Group

A big thank you to The Wrekin Housing Group who have approved our application for a Community Fund grant towards the additional costs of PPE and providing Covid Safe services to our Members.

Thank you Wrekin

Send us your lockdown pictures...

We're all having to spend more time at home. Lots of us have been getting interested in gardening and the wildlife we see from our doorsteps or on our daily walks.

We're already starting to see some early signs of Spring with the snowdrops beginning to peep through - giving us all hope.

We'd love to see and hear what you're getting up to during Lockdown #3 - so why not send us some photos of what's in your garden or what you can see from your front door or on your walks.

